



## **HEALING GRACE Grief Support Ministry**

When a death occurs, life for those who live on, changes forever. We recognize this change and would like to offer hope and comfort to those who mourn. In trying to

move on after the death of a loved one, some wonder when the pain will go away, or if it ever will. Some wonder where life is headed.

Understanding the commonalities of the grief journey can help us to heal and move on. Kit Kissane a previous participants writes: "The loss of a close loved one creates a profound change for the person grieving. I found that those who had the same experience understood my pain as no one else did. It was comforting to spend time with them. The program is structured, and the facilitators have traveled the same road, and give hope for healing."

Pat Bongiorno also wrote of her experience: "The Church of the Holy Spirit offers an excellent support group for those in need of help with the loss of a loved one. It provides a safe and caring environment with knowledgeable leaders who can relate their personal experiences as well as share thought-provoking ideas. All discussions are confidential and you only share what is comfortable for you. I believe I benefitted greatly from participating in the program and would highly recommend it to others."

We will be offering another Grief Support Group beginning March 14, 2018. "Healing Grace" is a six-session series that will be facilitated by Linda Engle & Charlene Kryszak. The meetings will take place in the Ministry Center from 7:00 - 8:30 p.m.

Please call Sister Marianne at 847-882-7580 or e-mail:

[Marianne.s@churchoftheholyspirit.org](mailto:Marianne.s@churchoftheholyspirit.org) to reserve your spot.