

**Northwest Suburban Catholic Senior Network  
20<sup>th</sup> Annual Senior Day  
Sponsored by Vicariate 1DEF Ministry Commission**

**“Rejoicing: Happiness & Fulfillment in Life”  
Presented by Father Britto Berchmans**



No matter what we do, we are all seeking happiness. And yet, happiness seems to be so elusive. In this talk, Fr. Britto outlines a simple approach to living our lives to the fullest. Drawing insights from positive psychology, spiritual life and common wisdom, he attempts to provide concrete steps to live more fully our everyday lives.

**Where:** St. Zachary Church  
Enter at School Entrance Circle Drive  
567 W. Algonquin Rd  
Des Plaines, IL 60016

**When:** Friday, June 14, 2019

**Time:** Doors open at 9:30 a.m. Presentation from 10:00 to 11:15 a.m.  
Box lunch to follow.  
Coffee, juice, bagels & donut holes served at 9:30 a.m.

**Cost:** \$10.00, non-refundable (please make the checks payable to Church of the Holy Spirit.) Register by June 10<sup>th</sup>.

Fill out the form below and submit with your check. Drop in the collection basket or at the parish office in an envelope marked “Attention: Sister Marianne.”

Questions: Call 847-882-7580 or [Marianne.S@churchoftheholyspirit.org](mailto:Marianne.S@churchoftheholyspirit.org).

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**Name(s):** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

